

The Kansas Art Therapy Association Presents the 31st Annual Art Therapy Symposium

Art Therapy, Resiliency, and Posttraumatic Growth: Finding Our Way through Change and Crisis

Workshop presented by: Cathy A. Malchiodi, PhD, ATR-BC, LPCC

Saturday, April 25, 2009 9:00—4:00

Mid-America Nazarene University, Olathe, Kansas (www.mnu.edu)

Cathy A. Malchiodi, PhD, ATR-BC, LPCC, is an Honorary Life Member of the AATA and is the author of numerous books on art therapy, including: *Creative Interventions with Traumatized Children*, *The Art Therapy Sourcebook*, *Understanding Children's Drawings*, and *Handbook of Art Therapy*. Cathy is on the Faculty of the National Institute for Trauma & Loss (TLC) and Lesley University. She has given over 270 invited presentations and keynotes promoting the field of art therapy in the US, Canada, Europe, and Asia. She has been involved in a wide variety of community, national, and international agencies, including Issues Deliberation America/Australia, MAD to Live, and Save the Children Foundation, which helps to create a global art therapy initiative for children in need in the West Bank and Africa. In honor of her clinical and academic contributions, Cathy is the only person to have received all three of the American Art Therapy Association's highest honors: Distinguished Service



Award, Clinician Award, and Honorary Life Member Award. She has also received national honors from the Kennedy Center and Very Special Arts (VSA).

Resiliency exists in many, but not all, individuals prior to exposure to trauma or a stressful life experience. It is described as the ability to recover or return to the level of functioning present before adversity occurred. Posttraumatic growth [PTG], in contrast, is possible for everyone and develops as a result of lessons learned from exposure to trauma or crisis. As a result of PTG, we become more compassionate and empathetic and have a deeper appreciation for others and life itself. This workshop will help participants understand the differences between resiliency and PTG and how art therapy is used to support and enhance these responses when individuals face change and crises. A three-stage model for crisis intervention will be used to provide a structure for understanding the emergence of resiliency and PTG during recovery from life-changing events and trauma.



Friday Night Event: "Strengthening the Fabric"

April 24, 2009 6:30—9:00 pm

Don't miss our Friday night event where we will have great food, great music, an art experiential, networking, and an opportunity to visit with Cathy Malchiodi!

A mixed-media weaving will be created with various materials, which will symbolize how strength and resilience can be created from diversity and a sense of community.

Location: **ARTichokes**

10557 Mission Road

Leawood, KS 66206

Workshop Objectives:

- 1. Participants will learn the differences between resiliency and posttraumatic growth as positive responses to change and life crises.
- 2. Participants will learn at least three art therapy approaches to support resiliency and posttraumatic growth in children and adults.
- 3. Participants will learn a three-stage model for crisis intervention with an emphasis on resiliency and posttraumatic growth.

Conference Co-Chairs: Deanna Rand (dlrand@ReDiscovermh.org)

Shannon Waters Russell (shannon@childabuseprevention.org)

KATA President: Renee' Padgett

A KATA Business Meeting will be held following the workshop on Saturday at 4:20 pm.

REGISTRATION INFORMATION FORM

Name: _____

Address: _____

City, State, Zip: _____

Profession: _____ Credentials: _____

Primary Phone (circle one: work/home/cell): _____

Email: _____

*Please make checks payable to: Kansas Art Therapy Association

Send check and copy of registration to: **KATA c/o Deanna Rand
605 Ripley Court
Raymore, MO 64083**

Confirmations of registration are sent via email or postcard within three days of receipt. If you have not received a confirmation within five days of the program, please email Deanna Rand at dlrand@ReDiscovermh.org.

Cancellations received at least five working days before the seminar are refundable less a \$20 administrative charge per registrant. Refunds for cancellations received later will be determined on a case by case basis.

Symposium Fees [check the fee(s) included in your payment]:

Friday Night Event—April 24, 2009
___ \$15.00

Saturday Workshop—April 25, 2009 *Certificates of Attendance will be provided at the workshop.

Pre-registration (before April 11, 2009)	Registration (after April 11, 2009)
___ KATA Member \$85.00	___ KATA Member \$95.00
___ Non-Member \$95.00	___ Non-Member \$105.00
___ *Student \$42.00	___ *Student \$52.00

*A copy of a valid student ID is required to receive this rate.

A continental breakfast and boxed lunch will be provided on Saturday. Boxed lunches will include a sandwich, side dish, pickle spear, cookie bar, and soft drink or bottled water. Please select your preference and note if you have any specific dietary restrictions.

___ **Italian Sub** ham, pepperoni, and hard salami with lettuce, tomato, red onion, peppers, and provolone on an Italian roll.

___ **Tuna Salad** on 7-grain bread with lettuce and tomato.

___ **Turkey Supreme** turkey with tomato and alfalfa sprouts on a croissant.

___ **Turkey on Brie** dressed with cranberry relish on French bread.

___ **TBM** tomato, basil, and fresh mozzarella with balsamic dressing on a baguette.

Please note any dietary restrictions: _____